

PRESENTS

BOLD+ BRILLIANT TEDWomen2019

December 6, 2019
War Memorial Auditorium



BOLD+ BRILLIANT TEDWomen2019

TEDxWomen conferences bring together a global community of people interested in exploring how change begins: with innovative thinkers who catalyze ideas toward action. Over the past few years, TEDWomen and TEDxWomen have launched some powerful ideas into the world.

This is our year to be BOLD + BRILLIANT — without apology. At TEDxNashvilleWomen 2019, we're shining a spotlight on dazzling ideas from some of the world's most extraordinary risk-takers and innovators. Celebrating pioneers making power moves, brilliant people who are just getting started, and those who tirelessly show up as allies and advocates.

The talks you see today will go on to our global TEDx platform, bringing IDEAS WORTH SPREADING from the Southeast to the world stage, and we are so happy to have you here to be the first to share in it. Thank you for coming and enjoy our second annual TEDxNashvilleWomen!

Sincerely,

YOUR TEDXNASHVILLE TEAM

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LBMC

"A woman with a voice is, by definition, a strong woman."

-- MELINDA GATES

TEDXWomen2019 SCHEDULE OF EVENTS

PERFORMANCE
The Shindellas
Rita Wilson
Dr. Zina Jarrahi-Cinker
Lily Hansen
BREAK
Yoga In Your Seat (Raquel Bueno)
Dr. Chris Kukk
Ariel Bloomer
Clarice Phelps
Sarah Martin McConnell
Betsy Wills
Azita Ghanizada
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Nashville **SPEAKERS**



KRISTINA "LADY FURY" GRUNDY

EMCEE
Personal Fitness Coach
& Nashville Rollergirls
Co-Founder



RITA WILSON

Actress, Singer, Songwriter, & Producer

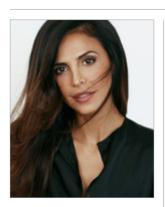
TOPIC: How I Forgot To Ask Myself What I Want, and Why We All Need To Be Asking That Question



ARIEL BLOOMER

Author & Lead Singer, ICON FOR HIRE

TOPIC: How to Live a Big Beautiful Life Even With Chronic Sadness



AZITA GHANIZADA

Actress, Advocate & Founder MENA Arts

TOPIC: Plight of a Lost People: The Importance of Seeing Yourself in Film and TV Heroes



LILY CLAYTON HANSEN

Author & Interviewer

TOPIC: How Conversations With Strangers For Me Are Self Care



DR. ZINA JARRAHI CINKER

Executive Director, National Graphene Association

TOPIC: How Graphene Will Cause Us to Think About Life In 2D

SPEAKERS

TED^x Nashville



CHRIS KUKK

Author, Professor, Compassion Advocate

TOPIC: Why We Need to Make Compassion a Verb Again



SARAH MARTIN MCCONNELL

Founder & Executive Director, Music For Seniors

TOPIC: Sharing Live Music with Seniors.
Transformational & Essential.



CLARICE PHELPS

Program Manager, Oak Ridge National Laboratory

TOPIC: Collaboration in Science Between Diverse Groups and Organizations Leads to Greater Discoveries



BETSYWILLS

Life Designer & Intrepid Optimist

TOPIC: The Secret to Navigating a Lifetime of Transitions



PERFORMANCE BY THE SHINDELLAS

Mavericks beyond music, the Shindellas were formed under the belief that when women come together, powerful things can happen

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SPECIAL THANKS TO













TED^X Nashville is starting a new year-round program in 2020:

TED^X Nashville Adventures



To receive updates on upcoming events text "ADVENTURES" to 39331

SAVE THE DATE

for our first Adventure of 2020 on February 20, 2020.

More info to come!